



Salat
Foundation



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ①	In the Name of Allâh, the Most Beneficent, the Most Merciful.
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ②	All the praises and thanks be to Allâh, the Lord of the worlds
الرَّحْمَنِ الرَّحِيمِ ③	The Most Beneficent, the Most Merciful.
مَلِكِ يَوْمِ الدِّينِ ④	The Only Owner of the Day of Judgment
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ⑤	You (Alone) we worship, and You (Alone) we ask for help
أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ⑥	Guide us to the Straight Way.
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ⑦	The Way of those on whom You have bestowed Your Grace, not (the way) of those who earned Your Anger , nor of those who went astray





بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾	In the Name of Allâh, the Most Beneficent, the Most Merciful.
قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾	He is Allâh, (the) One.
اللَّهُ الصَّمَدُ ﴿٢﴾	<i>Allâh-us-Samad</i> (The Self-Sufficient Master, Whom all creatures need, He neither eats nor drinks).
لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾	He begets not, nor was He begotten.
وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴿٤﴾	And there is none co-equal or comparable unto Him.



Surah Al-Ikhlâs

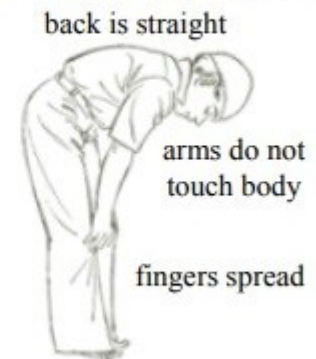
⇒ Takbir - As before, place hands to ears and say **اللَّهُ أَكْبَرُ** “Allahu Akbaar” Allah is [the] greatest

⇒ Ruku - Bow down to the extent that the finger tips rest upon the knees.

Whilst in Ruku say at least 3 times

“Subhaana Rabbi al Adheem” - Glory be to my Lord who is the Very Greatest.

سُبْحَانَ رَبِّيَ الْعَظِيمِ





➔ Qawam (standing straight) - After Ruku stand up, raising the hands to your ears and say

سَمِعَ اللهُ لِمَنْ حَمِدَهُ - Allah listens to one who praises Him.

رَبَّنَا وَلَكَ الْحَمْدُ Our Lord, Praise is yours

➔ Takbir - Place the hands to ears and say اللهُ أَكْبَرُ Allah is [the] greatest



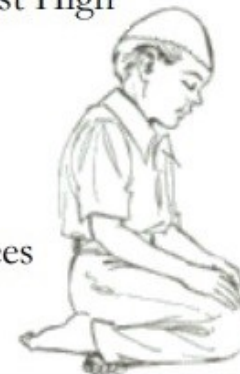
the elbows must not touch the ground

➔ In Sajdah, whilst one is on the floor, say at least 3 times

سُبْحَانَ رَبِّيَ الْأَعْلَى - Oh Allah, glory be to You, the Most High

➔ Sit up whilst saying اللهُ أَكْبَرُ Allah is [the] greatest

sit up to the kneeling position with hands resting on thighs and knees



left hand spread on
left knee and right
hand spread on right
knee



➡ Back down to Sajdah Say at least 3 times

سُبْحَانَ رَبِّيَ الْأَعْلَى

- Oh Allah, glory be to You, the Most High

➡ Rise from Sajda say Takbir **اللَّهُ أَكْبَرُ**
Allah is [the] greatest

➡ At-Tashahud

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ السَّلَامُ
عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ السَّلَامُ
عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

“All compliments and worship are for Allah.
Peace be upon you, Oh Prophet, and Allah’s mercy
and blessings.

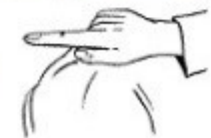
Peace be on us and all righteous slaves of Allah”

“I bear witness that no one is worthy of worship except Allah,
and I bear witness that Mohammad (S.A.W.) is His
Messenger”

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
وَأَشْهَدُ أَنَّ سَيِّدَنَا مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ.

the right fore-finger

Note: Whilst reciting only the 2nd part of At-Tashahud, one’s right fore-finger must be raised





Then recite Darood e Ibrahimi

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ

O Allah, send mercy upon Muhammad ^(SAW) and upon the family of Muhammad ^(SAW), as you sent mercy

عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ

upon Ibraheem and upon the family of Ibraheem; You are indeed worthy of praise, full of Glory.

اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ

O Allah, send blessings upon Muhammad ^(SAW) and upon the family of Muhammad ^(SAW), as you sent blessings

عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ

upon Ibraheem and upon the family of Ibraheem; You are indeed worthy of praise, full of Glory.



Recitation



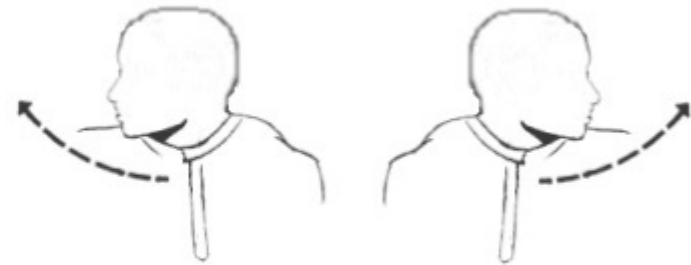
رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي بِسْمِ
رَبِّنَا وَقَبَّلْ دُعَاءِ ۝ رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ
وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ ۝

O Lord! Make me one who establishes regular Prayer,
and also (raise such) among my offspring
O our Lord! and accept my Prayer
O Lord! cover (us) with Thy forgiveness - me, my parents and all believers,
on they Day that the Reckoning will be established **Ameen**

Salaam once to the direction of each shoulder, first right then left:

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Allah's peace, blessings and grace be on you believers



This concludes the entire prayer.